

# How We Prepare for Emergencies

## PRESBYTERIAN MANORS OF MID-AMERICA

### PURPOSE

No one wants to think and worry about disasters. Knowing what to expect ahead of time can help ease any concerns. This fact sheet tells you how our community has prepared for emergencies.

### SCOPE

We have a written emergency plan that is reviewed and tested every year. Our plan addresses the following types of emergencies:

- Weather emergencies such as tornadoes, and winter weather.
- Security incidents such as bomb threats, terrorism, and active shooters.
- Natural disasters such as earthquakes and floods.

All staff and volunteers are trained on emergency procedures. They participate in drills and exercises to test their knowledge. Residents are asked to take part in all drills so they can know what to expect in an actual emergency.

### EVACUATION VERSUS SHELTER-IN-PLACE

This community uses a standard approach to managing emergencies. The Executive Director serves as the Incident Commander. Department Heads serve specific roles during an emergency. They communicate with staff and local emergency management officials in order to make decisions. One major decision is whether to evacuate or shelter-in-place. The Executive Director makes the final decision.

In case of evacuation, we have procedures in place to ensure the safety of our residents. We have made arrangements in advance with other facilities and transportation services to ensure our residents have a safe place to go. Our nurses send important medical information with each resident. They keep a log of where each resident is sent. In case of immediate evacuation, such as with a fire, our safe zone is [*specify location*].

For safety reasons, the Executive Director may decide to shelter-in-place. This may occur when there is not enough time to evacuate safely. Sometimes it may be safer

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inside the building. We have procedures in place to ensure adequate food, supplies, power, and medications for our residents and staff for at least three days. We have made arrangements in advance to receive additional supplies or assistance, if needed.

## LOCK-DOWN PROCEDURES

Some situations will warrant the community to be placed on “lock down”. During these situations, no one will be allowed to enter or leave the community. Lock-downs may occur for many reasons, including (but not limited to) a hazardous chemical inside or outside the building, a weather-related event, or police action outside the building. In the event of a lockdown, please remain calm and follow any instructions from management staff or emergency personnel.

A copy of this fact sheet can be downloaded from our website at:

[www.aberdeenseniorkiving.com](http://www.aberdeenseniorkiving.com)

Please direct any questions regarding our emergency plan to: Aberdeen Heights  
Executive Director